

# ARSENAL HOME LEARNING

## SOL CAMPBELL HOW TO PREPARE FOR A DERBY

**THE VIDEO:** The atmosphere of a north London derby is always intense. But for Sol Campbell, who moved from Tottenham to Arsenal, it had something extra.

Spurs' fans didn't like Sol playing for their biggest rivals, while Arsenal fans loved it. **Watch** Sol explain how he prepared for derby matches.



**THE CHALLENGE:** Once you have watched the video you should **write instructions** on how to prepare for a **derby** (a match between two rival teams). Think about what you need to do before a game and what order you need to do them in.

Look at the **example below** for ideas and follow the **Pro Tips** to help you. Write on plain paper or our **Writing Template**.

### HOW TO PREPARE FOR A DERBY

#### WHAT YOU NEED:

Full kit, shin pads, boots, teammates, Manager.....

#### INSTRUCTIONS:

1. **Arrive at stadium**—Take kit to changing rooms.
2. **Change**—Put on kit, shin pads and boots.
3. **Warm up**—Get your body ready and calmly focus your mind on the match.
4. **Listen to the team talk**—Carefully listen to the Manager's final instructions.....

#### DIAGRAM:



Think about first tackle.

Check kit and boots.

Assess pitch conditions.

### PRO TIPS

**EQUIPMENT** – Write a list of the equipment needed.

**IMPERATIVE VERBS** – Use imperative (bossy) verbs at the start of each step e.g. put, get, listen, take, check, etc.

**STEPS** – Number the steps in chronological order. Make them simple and clear. Include adverbs e.g. carefully, calmly, etc.

**DIAGRAM** – Draw a simple diagram and refer to it in the steps.



USE **#AFCHOMELEARNING** TO SHARE YOUR FINISHED INSTRUCTIONS ON TWITTER